Preparation of a nutritious system of diet.

347. *MR. K. R. NARAYANAN : Will the Government be pleased to state whether the Health Department can prepare and furnish a system of diet containing enough nutritious substances and obtainable for Chs. 10 per day for a family consisting of three adults and two children ?

MR. M. K. GOPALA PILLAI : Yes.

Food Materials.

348. *MR. K. R. NARAYANAN : Will the Government be pleased to state the nutritious elements contained in the following food materials and the parts of the body which they nourish :—

1. Pine apple,
2. Fish,
3. Papaya fruit,
4. Cashewnut,
5. Cashew mango fruit,
6. Pumpkin, and
7. Cocoanut ?

MR. M. K. GOPALA PILLAI: A *statement containing the information is appended.

MR. KAINIKKARA M. PADMANABHA PILLAI : In the statement supplied the percentage of the components are given. But in adding, we do not get hundred. I wish to know what has become of the remaining ?

MR. M. K. GOPALA PILLAI : There is necessarily some waste when analysis is made and that is not included. Will the honourable member give a concrete instance in which the percentage is not made up ?

MR. KAINIKKARA M. PADMANABHA PILLAI : It is not made up in any case.

MR. M. K. GOPALA PILLAI : There is waste. Water and certain other substances are evaporated.

PRESIDENT : I take it that the analysis is only with reference to the nutritious elements Protein, Fat, Carbo-hydrates and minerals. Over and above these things there is certain percentage of non-nutritious elements. I suppose that is the idea.

MR. M. K. GOPALA PILLAI : Yes, Sir.

Correspondence in the Ayurveda Department.

349. *MR. K. R. NARAYANAN : Will the Government be pleased to state :

(*a*) whether there is a G. O. to the effect that correspondence in the Ayurveda Department should be in Malayalam ; and

(*b*) if so, whether that G. O. is being followed ?

MR. M. K. NILAKANTA AIYAR :

(*a*) Yes ; and it may be noted that, in para 2 of G. O. No. G. 6979 dated 2nd October 1917 it is stated that the Director may correspond in English with Government and the various Heads of Departments and in Malayalam with the Vaidyans under him.

(*b*) Yes

Vide Appendix VI—Page 1135.

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